



2157 University Park Drive, Okemos, MI  
48864

Phone: 517.243.9738

<https://www.mibrightherhealth.com/>

At Brighter Health Counseling, we believe you have complete power to transform your life through the unique strengths you possess. We want to help you recognize and regain the best parts of yourself so you can brighten your life and your relationships. We are a safe and supportive environment, committed to honoring each individual with respect and dignity.



Counseling & Consulting ®

4572 South Hagadorn Rd., Suite 1C, East  
Lansing 48823

Phone: 517-481-2133

<https://www.therapytodaycc.com/>

Going to therapy is something everyone can benefit from. When you are facing life's troubles, therapy assists you in effectively addressing those troubles, transforming pain into joy, conflict into peace, and loneliness into love.

Therapy helps people live well, love well, and work well. Whatever state you find yourself in, you will find in us a caring listener, a resource for finding your strength in a comforting space.

Offers same day appointments.



2929 Covington Ct., Lansing, MI 48912

Email: [info@wildfernswellness.com](mailto:info@wildfernswellness.com)

<https://wildfernswellness.com/>

Wild Ferns Wellness is a collaboration of an interdisciplinary team of providers, each who are working to increase access to holistic services for Black, Indigenous and People of Color, Women, Disabled People, Transgendered, Lesbian, Queer, Gay, Questioning, Asexual, Bisexual, Two Spirited and persons of other marginalized communities.

At Wild Ferns Wellness, our intention is to provide accessible trauma informed, inclusive wellness services which are center the voices, and lived experiences of those most impacted by systemic violence and oppression.



2132 Cedar St.

Holt, MI 48842

517-993-5950

<https://peaceandharmonyllc.com/>

Peace & Harmony Counseling Services, LLC provides Outpatient Mental Health and Substance Abuse counseling services. We pride ourselves on our ability to move our clients past their pain through client centered therapy. Our therapist provide a wide range of counseling services to meet the needs of our diverse clientele. We provide counseling services to address some of life's most serious issues, including anxiety, depression, substance abuse, trauma, homelessness and grief and loss. We also offer counseling services on everyday issues such as: self-esteem, anger management, child/parent conflict and marital conflict. Our therapists strive to help individuals and families achieve and maintain peace and harmony through mental wellness and personal development.



2395 Jolly Rd Suite 160

Okemos, MI 48864

(517) 301 – 5011

<https://www.redcedarcounseling.org/>

We are committed to providing counseling for all people. Specifically, we are proud to serve the LGBTQ+ community, those exploring their sexual or gender identities, people of color, low income, and members of all traditionally marginalized communities. We also recognize the different elements and approaches needed in working with these communities.

